

A Simple Shrug

a free design by Susan B. Anderson

www.spudandchloe.com



Size:

Written in full for an women's adult size medium with "how to" steps to create your own sizes at the end.

Yarn:

Spud & Chloë Sweater (55% superwash wool, 45% organic cotton; 100 grams/160 yards), 3 hanks in Belugs #7521 to make the size medium

Note: Yarn amounts will vary with any size changes to the pattern.

Needles:

US size 7 sixteen inch circular needles or size to obtain gauge

Gauge

5 stitches per inch in stockinette stitch

Materials:

Tape measure Yarn needle

Scissors

Stitch marker

Before you cast on:

Armpit to armpit measurement

Find a friend or family member. Stretch your arms out in front of you, raising your arms straight ahead of you and forward and at shoulder height (like a zombie:). Now have your helper measure the distance from the center of one armpit, across your upper back, to the center of your other armpit all while your arms are stretched in front of you. This gives you the distance in inches you will need to make your shrug from underarm to underarm. Keep this number in inches for later.

Meduim Simple Shrug:

Sleeve:

Cast on 60 stitches. Join to work in the round being careful not to twist the stitches. Place a stitch marker on the first stitch. Rnds 1-8: (k2, p2) repeat to the end of theround Continue in stockinette stitch until the sleeve measures 5 inches from the cast on edge.

Continue working back and forth on the circular needle. This creates the opening for your shoulders and back.

Turn to work back. Purl 1 row.

Ruching rows for the shoulders and back:

Row 1: kfb in every stitch (120 sts)

Row 2: k3, purl to last 3 sts, k3

Row 3: knit

Row 4: k3, purl to last 3 sts, k3

Row 5: knit

Row 6: k3, purl to last 3 sts, k3

Row 7: knit

Row 8: (p2tog) repeat to the end of the row (60 sts remain)

Rows 9-20: stockinette stitch (knit 1 row, purl 1 and working the first

and last 3 stitches of each row in garter stitch)

Repeat rows 1-20 one more time. Repeat rows 1-8 one more time.

Stockinette section:

Work in stockinette stitch until the shrug measures 8 inches from row 1 of the ruching rows. Remember to keep the first and last 3 stitches in garter stitch.

Note:

This stockinette section is the place where you can change the length of the back to fit your armpit to armpit measurement. See Step #5 in the "How to make a custom fit shrug" below.



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Ruching rows for the shoulder and back

Repeat rows 1-20 one more time. Repeat rows 1-8 one more time.

Join to work in the round. Place a marker on the first stitch. Knit every round until the sleeve measures 3 3/4 inches from the join to work in the round.

Cuff:

Rnds 1-8: (k2, p2) repeat to the end of the round.

Bind off.

Cut the yarn and pull through the remaining stitch. Weave all ends to the inside or wrong side and trim.

Block as needed.

How to custom fit your own shrug for any size:

- Measure the circumference of the upper arm in inches. Multiply this number in inches by 5 (the gauge per inch). Move this number up or down to be a multiple of 4. Cast on this number of stitches. Join to work in the round.
- 2. Work in the k2, p2 rib for your desired length.
- 3. Knit every round until the sleeve is the desired length.
- 4. Begin working back and forth to complete the ruching rows as written.
- 5. The straight stockinette section with the garter stitch edgings is the place to alter the measurement of the garment. The armpit-orampit measurement will help you decide how long to make this section. For example, my ruching section measures 7 1/2 inches from the armpit opening. My armpit-orampit measurement was 23 inches. (I was generous wit this measurement). I subtracted 7 1/2 + 7 1/2 (15) from 23 = 8 inches. I worked the stockinette section for the back for 8 inches before beginning the ruching rows again.
- 6. Repeat the ruching rows again as written.
- 7. Join to work in the round again. Make the second sleeve to match the first sleeve. Bind off.

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